

Conservative Socks

by Gerdine Strong



Brown Sheep Wildefoot yarn

INTERMEDIATE

Men's M

10cm/4"



32

• over St st (k on RS, p on WS), using size 2.25mm/US 1 needles



• Fine weight

• Color A 185 yds (168m)

• Color B 171 yds (155m)

• Color C 61 yds (55m)



• Four double-pointed needles

• 2.25mm/US 1

Notes

1 Sl sts purlwise with yarn at WS of work. **2** Pick up sts in every other row along triangle edge picking up a st in the larger sts resulting from the dec sts along the triangle edge.

Dec Triangle

Row 1 (RS) Knit. **Row 2** Purl. **Row 3** Ssk, k to last 2 sts, k2tog. Rep rows 2 and 3 until 2 sts rem, end with row 2. Next row (RS) K2tog. Fasten off last st.

Inc Triangle

Row 1 (RS) Pick up and k2 sts, one from each side of V formed by sides of triangle(s) below. **Row 2** Sl 1, p1, pick up and p1 st along edge of triangle. **Row 3** Sl 1, k2, pick up and k1 st along edge of triangle. **Row 4** Sl 1, p to last st, pick up and p1 st. **Row 5** Sl 1, k to end, pick up and k1 st. Rep rows 4 and 5, end with row 5.

Sock

With A, cast on 72 sts. Join and work in k1, p1 rib. Work 30 rnds.

Section 1

Work back and forth on 72 sts as foll: K72. Turn. Work Dec Triangle beg with row 2. When 2 sts rem, end with k2tog and fasten off. Break yarn.

Section 2

With RS facing and B, beg in V of Section 1 triangle and work as foll: **Row 1** (RS) Pick up and k2 sts. **Row 2** Sl 1, p1, pick up and p1 along edge. **Row 3** Sl 1, k2 pick up and k1. **Row 4** Sl 1, p3, pick up and p1. **Row 5** Sl 1, k4, pick up and k1. **Row 6** Sl 1, p5, pick up and p1. **Row 7** Sl 1, k6, pick up and k1. Cont in this way, working 1 more k st before pick up sts to 36 sts.

Band on left side of foot

Row 1 (RS) K16 [2 less than 1/4 of total], k2tog, turn. **Row 2** With a free needle, p to end, pick up and p1 along A Triangle. **Row 3** Sl 1, k to last 2 sts, k2tog. Rep last 2 rows until all sts along A Triangle have been picked up (end with a WS row). Cut yarn, leave sts on needle.

Band on right side of foot

Work rem sts at heel. **Row 1** (RS) Join yarn. Ssk, k16 [2 less than 1/4 of total], pick up and k1. **Row 2** Sl 1, p to end. Rep last 2 rows until all sts along A Triangle have been picked up (end with a WS row).

Work Triangle on front of leg

Work Dec Triangle beg with row 3 across 36 [1/2 of total] sts from both sides of foot.

Section 3

With RS facing and C, beg in V of Section 1 triangle and work as foll: **Row 1** (RS) Pick up and k2 sts. **Row 2** Sl 1, p1, pick up and p1 along edge. **Row 3** Sl 1, k2 pick up and k1. **Row 4** Sl 1, p3, pick up and p1. **Row 5** Sl 1, k4, pick up and k1. **Row 6** Sl 1, p5, pick up and p1. **Row 7** Sl 1, k6, pick up and k1. Cont in this way, working 1 more k st before pick up sts to 36 sts.

Side band and shaping

Left side header should be Right side

Work as foll: **Row 1** (RS) Sl 1, inc 1, k16 sts, k2tog turn. **Row 2** Sl 1, p17, pick up and p1 along edge. **Row 3** Sl 1, k1, inc 1, k16, k2tog. **Row 4** Sl 1, p18, pick up and p1. **Row 5** Sl 1, k2, inc 1, k16, k2tog. **Row 6** Sl 1, p20, pick up and p1. **Row 7** Sl 1, k3, inc 1, k16, k2tog. Cont in this way, working 1 more k st before inc every RS row until there are 36 sts on needle [1/2 of total]. Cut yarn, leave sts on needles.

Right side header should be Left side

With second half of stitches from triangle work as foll:

Row 1 (RS) Attach yarn, Ssk, k16, inc 1, pick up and k1. **Row 2** Sl 1, p18. **Row 3** Ssk, k16, inc 1, k1, pick up and k1. **Row 4** Sl 1, p19. **Row 5** Ssk, k16, inc 1, k2, pick up and k1. **Row 6** Sl 1, p20. **Row 7** Ssk, k16, inc 1, k3, pick up and k1. Cont in this way, working 1 more k st before inc every RS row until there are 36 sts on needle ending with a WS row. **Next row** (RS) Sl 1 knit across 35 sts, and continue across adjacent needle for 18 stitches, turn. Work a Dec Triangle across 36 stitches. Fasten off final 2 sts. Cut yarn.

Section 4

With RS facing and A, beg in V of Section 3 bands and work as foll: **Row 1** (RS) Pick up and k2 sts. **Row 2** Sl 1, p1, pick up and p1 along edge. **Row 3** Sl 1, k2 pick up and k1. **Row 4** Sl 1, p3, pick up and p1. **Row 5** Sl 1, k4, pick up and k1. **Row 6** Sl 1, p5, pick up and p1. **Row 7** Sl 1, k6, pick up and k1. Cont in this way, working 1 more k st before pick up sts to 36 sts. Fasten off and break yarn.

Section 5

Turn heel

With RS facing, slip 17 stitches to right needle and attach A. **Row 1** K2, ssk, k1, turn. **Row 2** Sl 1, p3, p2tog from 2nd needle, p1, turn. **Row 3** Sl 1, k4, ssk, k1, turn. **Row 4** Sl 1, p5, p2tog, p1, turn. Rep rows 3 and 4, working 1 more st before the dec on each row until 6 sts rem on each side, then replace ssk with SK2P and p2tog with p3tog until (36) sts rem on needle. Work Dec Triangle, fasten off last 2 sts, and break yarns.

Work side foot

With RS facing and B, beg in V and work Inc Triangle until 36 stitches, break yarn, repeat for other side. When 36 stitches are on needle, join to other stitches and work in round until foot measures approx 2 1/4" less than desired length.

Shape toe

Place top 36 sts on a needle, and work rounds. Dec on either side of top needle and at beginning of next and end of third needle every other round until 18 stitches remain, and graft toe.